

DON'T WAIT
IN LINE...

**REGISTER
ONLINE!**

SCAN ME



& GET YOUR
TICKETS TODAY



AUGUST 2024 CALENDAR

FITNESS PROGRAM

ROSE BARRACKS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Training Holiday	3 ZUMBA 9:30 - 10:30 A.M. @MEMORIAL FITNESS CENTER
4	5 Training Holiday	6 ZUMBA 6:30 - 7:30P @MEMORIAL FITNESS CENTER	7 SPIN 12:15 - 12:45 P.M. @ MEMORIAL FITNESS CENTER	8	9	10 ZUMBA 9:30 - 10:30 A.M. @MEMORIAL FITNESS CENTER
11	12	13 ZUMBA 6:30 P.M.-7:30 P.M. @ MEMORIAL FITNESS CENTER	14 SPIN 12:15 - 12:45 P.M. @ MEMORIAL FITNESS CENTER	15	16	17 ZUMBA 0930 -10:30 A.M. @ MEMORIAL FITNESS CENTER
18	19	20 ZUMBA 6:30 P.M. - 7:30 P.M. @ MEMORIAL FITNESS CENTER	21	22	23	24 ZUMBA 0930 -10:30 A.M. @ MEMORIAL FITNESS CENTER
25	26	27 ZUMBA 6:30 P.M. - 7:30 P.M. @ MEMORIAL FITNESS CENTER	28 SPIN 12:15 - 12:45 P.M. @ MEMORIAL FITNESS CENTER	29	30 Training Holiday	31

MORE INFORMATION AT [GRAFENWOEHR.ARMYMWR.COM](https://www.grafenwoehr.armymwr.com)