

AUGUST 2024 CALENDAR

FITNESS PROGRAM

ROSE BARRACKS

DON'T WAIT
 IN LINE...

**REGISTER
 ONLINE!**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 <i>Training Holiday</i>	3 ZUMBA 9:30 - 10:30 A.M. @MEMORIAL FITNESS CENTER
4	5 <i>Training Holiday</i>	6 ZUMBA 6:30 - 7:30P @MEMORIAL FITNESS CENTER	7 SPIN 12:15 - 12:45 P.M. @ MEMORIAL FITNESS CENTER	8	9	10 ZUMBA 9:30 - 10:30 A.M. @MEMORIAL FITNESS CENTER
11	12	13 ZUMBA 6:30 P.M. - 7:30 P.M. @ MEMORIAL FITNESS CENTER	14 SPIN 12:15 - 12:45 P.M. @ MEMORIAL FITNESS CENTER	15	16	17 ZUMBA 0930 - 10:30 A.M. @ MEMORIAL FITNESS CENTER
18	19	20 ZUMBA 6:30 P.M. - 7:30 P.M. @ MEMORIAL FITNESS CENTER	21	22	23	24 ZUMBA 0930 - 10:30 A.M. @ MEMORIAL FITNESS CENTER
25	26	27 ZUMBA 6:30 P.M. - 7:30 P.M. @ MEMORIAL FITNESS CENTER	28 SPIN 12:15 - 12:45 P.M. @ MEMORIAL FITNESS CENTER	29	30 <i>Training Holiday</i>	31

MORE INFORMATION AT GRAFENWOEHR.ARMYMWR.COM